



MEET INFORMATION

2018 Maryland Invitational

Contact Information:

Travis Coleman Assistant Coach tcole304@umd.edu (email preferred)
Jon Hill Assistant Coach jhill125@umd.edu (email preferred)

1. **Five athletes may be entered per event. Two relays may be entered for both the 4x100m and 4x400m relays. Additional entry requests above these limits should be emailed to tcole304@umd.edu.**
2. Official results will be FAT and the results will be posted through the TFRRS system.
3. On the track, the women's sections will run first with the men's sections to immediately follow.
4. The 800M run will use a one turn stagger, or waterfall. The 4x400M Relay will use a three turn stagger.
5. Final Qualification: In field events, top 9 from trials advance to the finals. In 100m dash and 100/110m hurdles, the top 8 will advance based on time.
6. **In the field events, the first mark will be measured. Subsequent tries after the first attempt that does not exceed the minimum will not be measured.** The following are the minimum standards for the field events:

Long Jump	Women 5.30m	Men 6.50m
Triple Jump	Women 11.00m	Men - N/A
Shot put	Women 11.00m	Men 13.00m
Hammer	Women 35.00m	Men - N/A
Javelin	Women 30.00m	Men 40.00m
Discus	Women 35.00m	Men 39.00m
High Jump	Women 1.48m	Men 1.83m
Pole Vault	Women 2.80m	Men 3.97m



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7. Implement weigh in will be at garage doors of the brick house from 9:00 AM – 10:00 AM and an hour prior to each event.
8. A full staff of trainers will be present for emergency situations. Additional information will be provided by the athletic training staff.
9. All Coaches, spectators and parents must stay off the track and infield.
10. Athletes warming up must not interfere with meet. Coaches please keep your athletes away from the finish line while the meet is in progress.
11. Athletes must check in with the clerk 60 minutes before their race. Field events participants report 30 minutes before their event at the event site.
12. The clerk of the course for running events is located at the 100m start at the North End of the track.
13. All competitors must wear ¼” pyramid spikes with the exception of the high jump. Starting blocks will be provided.
14. Please make entries at the direct athletics website. The following is the address to the direct athletics website: www.directathletics.com.
15. Entry deadline: **Tuesday, March 13th by 11:59pm**. No late entries accepted. All unattached entries must be received by this deadline as well. Team entries will use Direct Athletics. Unattached athletes should email tcole304@umd.edu for consideration.
16. Please seed your athlete’s realistically so we will ensure even competitive heats.
17. Pick up team packets and submit payment on site the morning of competition. If you plan to mail checks please make sure that they will arrive before the date of competition.
18. Entry fee: \$300.00 per team per gender. \$30 per athlete if less than 10 competitors. \$30 for all unattached athletes (approved on an individual basis)
19. Make Checks payable to **UMCP Foundation**

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TENTATIVE MEET SCHEDULE

Saturday, March 17th, 2018- Kehoe Track-College Park, Maryland

Field Events

9:00AM	Hammer	Men (at hammer cage)
10:00AM	High Jump Long Jump Long Jump Pole Vault	Women Men (outside runway) Women (inside runway) Men
10:30AM	Hammer Shot	Women (at hammer cage) Men
11:30 AM	High Jump	Men
12:00 PM	Shot Put Javelin	Women Men
12:30 PM	Triple Jump Triple Jump	Men (outside runway) Women (inside runway)
12:30 PM	Pole Vault	Women
12:45 PM	Javelin	Women
2:00 PM	Discus	Men (at hammer cage)
3:15 PM	Discus	Women (at hammer cage)

Track Events (Men to immediately follow Women)

10:00AM	3000m Steeplechase
10:30 AM	5000m
11:15 AM	4x100m Relay
11:25 AM	1500m
12:00 PM	100mH/110HH
12:30 PM	100m
12:45 PM	400m
1:15 PM	800m
1:45 PM	400mH
2:15 PM	200m
2:45 PM	3000m
3:30 PM	4x400m Relay