



MEET INFORMATION

2017 Maryland Invitational

Contact Information:

Danielle Siebert Assistant Coach dsiebert@umd.edu (email preferred)
Jon Hill Assistant Coach jhill125@umd.edu (email preferred)

1. **Five athletes may be entered per event. Two relays may be entered for both the 4x100m and 4x400m relays. Additional entry requests above these limits should be emailed to dsiebert@umd.edu.**
2. Official results will be FAT and the results will be posted through the TFRRS system.
3. On the track, the women's sections will run first with the men's sections to immediately follow.
4. The 800M run will use a one turn stagger, or waterfall. The 4x400M Relay will use a three turn stagger.
5. Final Qualification: In field events, top 9 from trials advance to the finals. In 100m dash and 100/110m hurdles, the top 8 will advance based on time.
6. **In the field events, the first mark will be measured. Subsequent tries after the first attempt that does not exceed the minimum will not be measured.** The following are the minimum standards for the field events:

Long Jump	Women 5.30m	Men 6.70m
Triple Jump	Women 11.27m	Men 13.54m
Shot put	Women 11.58m	Men 14.02m
Hammer	Women 39.62m	Men 45.72m
Javelin	Women 33.52m	Men 45.72m
Discus	Women 36.58m	Men 39.62m
High Jump	Women 1.52m	Men 1.88m
Pole Vault	Women 3.05m	Men 3.97m



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7. Implement weigh in will be at garage doors of the brick house from 9:00 AM – 10:00 AM and an hour prior to each event.
8. A full staff of trainers will be present for emergency situations. Additional information will be provided by the athletic training staff.
9. All Coaches, spectators and parents must stay off the track and infield.
10. Athletes warming up must not interfere with meet. Coaches please keep your athletes away from the finish line while the meet is in progress.
11. Athletes must check in with the clerk 60 minutes before their race. Field events participants report 30 minutes before their event at the event site.
12. The clerk of the course for running events is located at the 100m start at the North End of the track.
13. All competitors must wear ¼” pyramid spikes with the exception of the high jump. Starting blocks will be provided.
14. Please make entries at the direct athletics website. The following is the address to the direct athletics website: www.directathletics.com.
15. Entry deadline: **Tuesday, March 14th by 11:59pm**. No late entries accepted. All unattached entries must be received by this deadline as well. Team entries will use Direct Athletics. Unattached athletes should email dsiebert@umd.edu for consideration.
16. Please seed your athlete’s realistically so we will ensure even competitive heats.
17. Pick up team packets and submit payment on site the morning of competition. If you plan to mail checks please make sure that they will arrive before the date of competition.
18. Entry fee: \$300.00 per team per gender. \$30 per athlete if less than 10 competitors. \$30 for all unattached athletes (approved on an individual basis)
19. Make Checks payable to **UMCP Foundation**



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FINAL MEET SCHEDULE *As of 3/15/17*

Saturday, March 18th, 2017- Kehoe Track-College Park, Maryland

Field Events

**Note all throwing events will take place on the lower field. We move ahead of schedule for the throws if possible.*

10:00 AM	Hammer	Women
	Shot Put	Men
	High Jump	Men
	Long Jump	Men (outside runway)
	Long Jump	Women (inside runway)
	Pole Vault	Men
11:30 AM	High Jump	Women
12:00 PM	Hammer	Men Shot Put Women
12:30 PM	Triple Jump	Men (outside runway)
	Triple Jump	Women (inside runway)
12:30 PM	Pole Vault	Women
1:00PM	Discus	Men/ Women to follow
3:00 PM	Javelin	Women/ Men to follow

Track Events (Women will run first immediately followed by Men)

**We will not run more than 10 minutes ahead of schedule. Check in 1 hour prior to your scheduled event.*

10:30 AM	5000m
11:10 AM	4x100m Relay
11:20 AM	1500m
11:50AM	100mH/110HH
12:10 PM	100m
12:40 PM	400m
1:10 PM	800m
1:40 PM	400mH
2:00 PM	200m
2:30 PM	3000m
3:10 PM	4x400m Relay