



Terps Track & Field CAMP

WHERE TO BE: Kehoe Track/Ludwig Field, University of Maryland Campus, College Park MD

WHEN: Monday, July 25th-Thursday, July 28th, 2016

TIME: 9:00am-4:00pm

*Sunday session will begin at 10:00am

WHAT: Training in track & field events, individualized workout sessions, speed work, coordination, flexibility, technical coaching

AGES: 10-17

COST: \$300 per camper; Includes camp t-shirt

Lunch: Campers should pack a lunch or bring money to purchase food at the student union



Coaching by Andrew Valmon, Head Olympic Coach, London 2012

Important notes: Campers must provide their own medical insurance. A medical form will be emailed and should be brought on the first day of camp to alert staff of any medical conditions.

REGISTRATION FORM: Terps Track and Field Camp

Please complete and return form with payment to: Terps Track & Field Camp, 1705 Comcast Center, College Park, MD 20742

Camper's Name: _____

Age: _____

School: _____

Email Address: _____

Mailing Address: _____

Primary Phone Number: _____

Emergency Contact: _____

**Make checks payable to Terps Track and Field Camp*

For additional information: dsiebert@umd.edu (Danielle Siebert)